

Appendix 4

Our Lady of the Assumption Catholic Primary School

Relationships, Sex and Health 2023.

Our Lady of the Assumption Catholic Primary School fully recognises its responsibilities for relationships, sex and health education (RSHE). The school adheres to guidance, policies and procedures laid down by the Archdiocese of Liverpool. The school teaches RSHE in the context of the teachings of the Catholic Faith.

There are five main aims:

1. To ensure that children are taught about relationships and sex in an age appropriate way taking into account the teachings of the Catholic Church.
2. To raise awareness of relationships and sex issues within the primary school.
3. To develop an atmosphere of trust where children feel comfortable in discussing issues with regard to RSHE.
4. To provide support for pupils may need additional advice or guidance.
5. To establish an environment in which children can learn and develop their understanding of RSHE.

The curriculum and RSHE.

- RSHE is part of the PSHCE (Personal, Social, Health and Citizenship Education) programme.
- Issues surrounding RSHE are covered through the 'Journey in Love' programme from Nursery to Year 6.
- All RSHE is age appropriate for the Primary School Curriculum.

How do the children learn about RSHE?

- We use a published programme called '*Journey in Love*'.
- Children in all Year groups cover age related content from '*Journey in Love*'.
- The school also uses the Collins 'My Life' programme to deliver other elements of health education and PSHE but all RSE is taught through '*Journey in Love*.'
- Parents/ carers are involved in the process and can learn more about the programme/ materials through meetings with staff and the school website.
- Parents/ carers are given the option for children not to take part in the RSHE lessons.

A Journey in Love.

Nursery: *Wonder at God's Love. Know that God made us and our world. Know that we are important to Him.*

Reception: *God loves each of us in our uniqueness. Know that there is no one more special than me. Know that God made me and loves me as I am.*

Year 1: *We meet God's love in our family. Know that as we grow we are Loved by our family. Know that as we grow we are also loved by God's family.*

Year 2: *We meet God's love in the community. Know that the Church is God's Family. Know that I am part of that family too.*

Year 3: *How we live in love.* Understand what makes a good friend. Know that God is our best friend.

Year 4: *God loves us in our differences.* Know that God has made us different from one another. Know that God loves us in our differences.

Year 5: *God loves me in my changing and development.* Know that as we grow we will become different in our bodies, feelings and love of God.

Year 6: *The wonder of God's love in creating new life.* Know that we are made to love and to be loved. Learn the proper ways in which we show our love for one another and for God.

NB. The Y5 curriculum includes changes in the body as we grow eg puberty and menstruation. Sexual Intercourse is only taught in Y6.

Are boys and girls taught together?

- Boys and girls are taught together and all pupils receive the same information.

Answering the Children's Questions.

- The children have opportunities to ask questions.
- Staff will answer questions if they are in line with school and Archdiocesan policies.
- If there are questions staff are not able to answer they will:
 1. Refer the question to another member of staff;
 2. Tell the children they will find out the answer;
 3. Speak to parents and suggest that they discuss the question/ issue with their child.

Do we teach the 'S' in RSHE?

- Sexual Intercourse is only taught in Y6. We closely follow the guidelines set out by the Liverpool Archdiocese.
- We will answer all the children's questions if we feel they are appropriate for their age or we will refer them to parents.

Answering Parents' Questions.

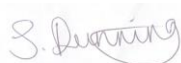
- Opportunities are provided for parents/ carers to ask questions at a meeting prior to the children's sessions.
- Parents/ carers are involved in the process and can learn more about the programme/ materials through meetings with staff and the school website.
- Alternatively, parents/ carers can call in to discuss any questions or issues raised with a senior member of staff by appointment.

The school follows procedures in this policy and those outlined by the Archdiocese of Liverpool.

The Governing Body of Our Lady of the Assumption Catholic Primary School and Nursery adopted this policy on 21st November 2023.

The policy will be reviewed annually. Please note, the policy will be updated in the meantime if additional advice is received from The Archdiocese.

Signed



Chair of Governors



Headteacher